

L'ÉCOLE
NATIONALE DE
BAJLET
DU CANADA

CANADA'S
NATIONAL
BAJLET
SCHOOL

A Guide to Summer School 2018

Residence Students

© September 2017

Dear Auditioning Student,

As Artistic Director and CEO of Canada's National Ballet School, I am pleased to welcome you to our summer program. The Summer School student body includes returning NBS students, as well as approximately 180 students who, like you, were selected during the National Audition Tour and are likely attending NBS for the first time. Most of you are beginning the second and final phase of the audition process for entry into our Professional Ballet Program, while those of you entering academic Grade 5 are attending our Introductory Summer School.

To make your transition to NBS as smooth as possible, we have prepared ***A Guide to Summer School*** to clarify the registration process. Please read this guide with your parents. It will give you a good idea as to what to expect during our intensive Summer Program and help you settle into the School's exciting environment.

If you have specific questions, the Table of Contents will help you focus your search. Your Summer School acceptance letter will clarify the steps to take to ensure your spot for 2018 Summer School.

In partnership with Alexander Gorbatsevich, who organizes and oversees the audition process, the NBS staff and I are committed to helping you get settled and to exploring your dream of becoming a professional ballet dancer. I'm delighted you've chosen to be part of NBS' Summer School 2018 and look forward to meeting you in July.

Sincerely,

A handwritten signature in black ink that reads "Mavis Staines". The signature is fluid and cursive, with a long horizontal line extending to the right from the end of the name.

Mavis Staines
Artistic Director and CEO



Dear Residence Student,

Welcome to Residence and Summer School 2018! As Head of Residence, I work with a team of experienced Residence Counsellors dedicated to making your stay at Canada's National Ballet School safe and enjoyable. To start off, I ask that you and your parents please read through the **Residence Life** section of ***A Guide to Summer School 2018***.

With some exceptions, auditioning, returning, and visiting exchange resident students will live at our on-campus residence, located at 105 Maitland Street, for the month of July. Breakfast and dinner for resident students will be served in historic Currie Hall, while lunch service will be available in Mona Campbell Square at 400 Jarvis.

It is usual to feel a little anxious but try not to worry, for feeling anxious and excited is normal at the beginning of any new experience. The first few days of Summer School are always new, exciting and perhaps a bit overwhelming. We look forward to guiding you through this time and working together to make your experience as positive and fulfilling as possible.

Sincerely,

Karen Gledhill, Head of Residence

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IMPORTANT DATES

Residence opens	Monday, July 2	105 Maitland Street	10:00 a.m.
Meal service begins with lunch for all Residence students	Monday, July 2	Currie Hall 105 Maitland Street	11:30 a.m.
Tours of Canada's National Ballet school facilities	Monday, July 2	Please reserve your family's spot by Friday June 22	Departing Mona Campbell Square at 1:00 p.m. and again at 2:00 p.m.
Open Forum* for parents and guardians of incoming students entering Grades 5–12	Monday, July 2	Betty Oliphant Theatre	3:30-4:30 p.m.
Placement classes for incoming students entering Grades 5 through PSP	Tuesday, July 3	Celia Franca Centre Studios	Arrival/departure time will vary based on academic grade level
Observation Days	Thursday, July 26 Friday, July 27	Celia Franca Centre Studios	9:00 a.m.–4:00 p.m.
Classes end	Friday, July 27		4:00 p.m.
Residence closes	Saturday, July 28		5:00 p.m.

*Attendance at the Open Forum is intended for parents only. Regrettably, space constraints in the Betty Oliphant Theatre do not allow for students, siblings, or other family members to attend.

LIST OF KEY CONTACTS

General Reception	416.964.3780
General Fax	416.964.5133
Mavis Staines, Artistic Director and CEO	mstaines@nbs-enb.ca
Juri Hiraoka, Executive Assistant to the Artistic Director	jhiraoka@nbs-enb.ca ext. 2211
Cathryn Gregor, Executive Director	cgregor@nbs-enb.ca
Marilyn Fourie, Executive Assistant to the Executive Director and Board of Directors	mfourie@nbs-enb.ca ext. 2212
Laurel Toto, Manager, Junior School (Grades 6-8)	ltoto@nbs-enb.ca ext. 2220
Neil Walsh, Academic Principal	nwalsh@nbs-enb.ca ext. 2334
Karen Gledhill, Head of Residence	karen.gledhill@nbs-enb.ca ext. 5122
Suzette Patten, Assistant Head of Residence	spatten@nbs-enb.ca ext. 5123
Alexander Gorbatshevich, National Audition Tour Manager	agorbatshevich@nbs-enb.ca ext. 2067
Robin Lockert, Registrar	rlockert@nbs-enb.ca ext. 5136
Registrar's Office, Registration and Enrolment Associate	registrar-office@nbs-enb.ca ext. 5105
Deborah Hess, Student Exchange Coordinator	dhess@nbs-enb.ca ext. 2061
Joanna Gertler, Director of Marketing and Communications	jgertler@nbs-enb.ca ext. 2100
Summer School Coordinator	ext. 2009

VISION AND PURPOSE OF CANADA'S NATIONAL BALLET SCHOOL

The Professional Ballet Program is one of several programs operated by NBS, all of which relate to the School's tagline *Beyond Moving*.

Canada's National Ballet School develops the most talented youth from within Canada and internationally through an innovative, nurturing learning environment, where talent is the sole entry criterion. By integrating artistic, academic, and life skills education, NBS prepares students for successful careers in dance and beyond. Through this work, NBS evolves the art of ballet nationally and globally, celebrating and advancing dance as essential to a vibrant community culture. NBS delivers a broad range of community programs. Professional and community dancers—from the youngest to the elderly—experience the same high standards of instruction. The excellence of the Professional Ballet Program informs all NBS programs.

NBS is officially recognized as Canada's national training centre for ballet professionals, and the School receives 35 per cent of its budget annually from the Government of Canada (Department of Canadian Heritage and Human Resources and Skills Development Canada), making Canadian taxpayers primary stakeholders.

SUMMER SCHOOL PROGRAM

Summer School is an exciting time at Canada's National Ballet School. For students in Grades 6-12, summer school is the second stage of the audition process. NBS artistic staff will teach and observe the auditioning students in order to assess talent, potential, and their readiness for the rigours of the full-time program. For those students who will enter Grade 5 in September, the summer term serves as an introduction to NBS and a chance to explore their interest in professional ballet training.

Summer School is critically important for both auditioning and returning students. As there are no scheduled academic classes, Summer School serves as an intensive training period. Students typically have three daily dance classes, Monday through Friday, with auditioning and returning students in separate class groups. The day begins with ballet class, followed by age- and level-appropriate classes that vary from year to year. Younger students' classes may range from creative dance, to historical dance to aerobic conditioning in the pool. High school students may take variations, modern, and character classes.

As the full-time Professional Ballet Program (PBP) includes students' academic education, part of the paperwork submitted for the summer program will be academic records so the School will understand how best to integrate them into all aspects of its program.

Additionally, auditioning students will have a ten-to fifteen-minute session with one of NBS' physiotherapists and a brief interview with one of the School's consulting psychiatrists. These meetings assist in determining whether or not students might find the full-time program stimulating, rather than overwhelming, at this stage in their development.

Recognizing that NBS cannot accommodate all auditioning Summer School students in the full-time PBP, staff members work hard to make this second stage of the audition process as enjoyable, memorable and productive as possible for each participant.

REGISTERING FOR SUMMER SCHOOL

Once a dancer has been invited to attend Summer School, parents can expect to an email that contains a URL inviting them to register.

The fees for Summer School are detailed on the NBS website. Payments can be made by cash, cheque, or credit card. Credit card numbers are also kept on file at our store, The Shoe Room, for purchases during Summer School. All parents, even those paying by cheque, are asked to fill out the credit card authorization section on the registration form for this reason.

Any questions regarding the registration process or payments for Summer School can be directed to the [Registrar's Office](#).

POST-SECONDARY PROGRAM

NBS is pleased to welcome students auditioning for the Post-Secondary Program (PSP) to this year's Summer School. As this *Guide to Summer School* is written primarily to inform students who are auditioning for the School's Ballet Academic Program, you are likely to have unanswered questions even after reviewing this Guide. Specifically, you may have questions about finding suitable accommodation, on-site meal availability, budgeting, or Toronto life overall. Please be assured that there are resources available to assist you and NBS staff is always happy to help.

Please consult the List of Key Contacts to find the staff member who can best answer your questions. If you have general questions, or are unsure as to who you should contact, do not hesitate to be in touch with [Robin Lockert](#).

ACCEPTANCE INTO THE PROFESSIONAL BALLET PROGRAM

The month-long summer program in July serves to prepare students for the expectations and demands of the Professional Ballet Program (PBP). Simultaneously, this focused time allows NBS staff to determine if the School is the right place for the student at this stage in his or her development.

Beginning of the third week of summer school and continuing through the end of the first week of August, NBS will be contacting parents of students who are being considered for acceptance into the Professional Ballet Program. *In many cases, NBS staff will require the full four weeks to thoroughly observe and get to know a student. Please prepare for this with a family discussion to ensure your child understands the duration of the acceptance process. Over the years, many extremely successful NBS graduates received invitations to the PBP after the end of Summer School.*

Interviews

If a student is being considered for the PBP, his or her parents will be contacted by Juri Hiraoka, Executive Assistant to the Artistic Director, to set up a series of interviews. ***Please bear in mind that while a call from Ms. Hiraoka may indicate a student is under consideration, it is not an invitation to join the PBP.***

Interviews are generally held with Mavis Staines, Artistic Director, Cathryn Gregor, Executive Director, Neil Walsh, Academic Principal, and Laurel Toto, Manager, Junior School. Parents whose children will be staying in Residence will also have an interview with Karen Gledhill, Head of Residence. As these interviews begin in the second half of Summer School, some students will hear during the third week that they have been invited into the PBP.

Summer School Reports

After the conclusion of Summer School, parents of students not invited to join the PBP will receive a letter and brief report on their child's Summer School experience. This is also the time when letters of thanks will be sent to participating students' ballet teachers (if requested during registration).

NBS regrets it is not possible to enter into discussion with parents of students who have not been invited into the full-time program. In all cases, students are encouraged to continue to explore their passion for dance and are always welcome to audition again.

PARENT AND STUDENT ORIENTATION DAY

Arriving at Residence

The NBS Residence is located at 105 Maitland Street and opens on Monday, July 2 at 10:00 a.m. Arriving students should go directly to Residence, where they will be greeted by Residence counsellors and given their room assignments. There will be staff present to help in any way required.

Tours

Tours of NBS are available on Monday, July 2 at either 1:00 p.m. or 2:00 p.m. Families **must reserve their spot** no later than Friday, June 22, 2018.

Parents' Open Forum

The Parents' Open Forum meeting is intended for all parents of auditioning students and those parents with children entering Grade 5. The Parents' Open Forum takes place on Monday, July 2 from 3:30-4:30 p.m. in the Betty Oliphant Theatre. Please arrange to attend, as Summer School program details will be shared at this time. Regrettably, space constraints in the theatre do not allow for students, siblings, or other family members to attend.

Arriving by Plane

Toronto's Pearson International Airport (serviced by all major airlines) is approximately a one-hour drive from NBS and requires a taxi fare of approximately \$65-70 each way. Toronto's City Centre Island Airport (presently serviced by Porter Airlines and Air Canada) is approximately a 30-minute drive from NBS and requires a taxi fare of approximately \$15 each way. Please direct the taxi to take you NBS' Residence facility at 105 Maitland Street.

Students should book their flights to arrive in Toronto between 9:00 a.m. and 9:00 p.m. and have Canadian dollars on hand for taxi fare. If international students are unable to obtain Canadian dollars before arriving, there are ATM stations in the main lobbies on the way out to ground transportation. Additionally, some taxis will accept credit cards if you advise the taxi starter before he or she summons a taxi.

The [Toronto Transit Commission](#) (TTC) has a subway and bus connection to Pearson that takes about one and a half hours from Pearson baggage claim to NBS. See the website for the [Toronto Transit Commission](#) for updated information on fares and passes. Using the TTC does, however, require navigating stairs, escalators, and occasionally elevators with luggage.

A train service, The [Union Pearson Express](#) (UP Express) train operates from Pearson to Union Station and the TTC in about 25 minutes for \$12 or less one way. Students will still have to get to NBS by TTC or taxi.

Chaperones

NBS chaperones will meet students entering Grades 5–9, inclusive, and all non-English speakers arriving at the airport, bus terminal, or train station. Parents must request this service through the Travel Information Form and an email addressed to travel@nbs-enb.ca. If you would like a chaperone to meet your Senior Program child (Grades 10-12), please contact Residence at travel@nbs-enb.ca directly. For efficiency and time, chaperones only use the limo/taxi service when chaperoning students to and from Pearson Airport. Parents of students met by chaperones will be notified by telephone immediately upon their child's safe arrival at Residence.

THE FIRST DAY OF SUMMER SCHOOL

Placement Classes and Schedules

Placement classes will be held on Tuesday, July 3 for all auditioning students Grades 6 through PSP, and for those students entering Grade 5. Arrival times for this day will be staggered based on grade and will be provided in advance. A hard copy will be distributed during the Parents' Open Forum on Monday, July 2. Following their placement class, students will meet their primary ballet teacher and receive a copy of their weekly schedule.

Security Access Cards and Locker Designations

As part of NBS' security system, all staff and students are provided with security access cards, which grant admittance to the Celia Franca Centre, as well as designated areas within the School's Jarve Street Campus and Residence. Upon arrival on Tuesday, July 3, students will receive their personalized access cards.

Students are responsible for safeguard their access cards. A lost or stolen card must be reported immediately to the Security Supervisor so that it can be replaced as quickly as possible.

Access cards are also used as a "cash card" for the Mona Campbell Square Café. Students may apply funds to their card via the Café cashier at any time and the card will be scanned for each purchase they make. In order to avoid being left with an unused balance at the conclusion of July, we suggest loading no more than \$40 at a time. If there are funds remaining on the card, it is the student's responsibility to request a refund from the Registrar's Office prior to returning their security cards.

If a card is lost or stolen, information loaded on that specific card, including authorized access to specific areas of the School and credit is erased. A fee of \$25 **may** be charged (to the credit card on file for the student) for the replacement of a lost card.

Access cards are non-transferable. Students are not permitted to share their cards with other students, friends, or parents in order to enable them access to the School. At the conclusion of Summer School, all students must return their access cards either to Security or to the Registrar's Office.

Parents and all visitors must register at the reception area at 400 Jarvis Street and wear appropriate assigned identification.

Locker Designations

Placement Class day is also when students receive their name tags and locker assignments. Students should bring their own combination lock to place on their designated locker, as it will be theirs to use for the duration of Summer School.

OBSERVATION DAYS

Observation Days provide parents the opportunity to experience the summer school program and see their child at NBS first-hand. On Thursday, July 26 and Friday, July 27, students will follow their regular timetable, per what was set at the beginning of the month, and parents and guardians are welcome to observe any and all of their child's scheduled classes.

Due to limited seating, we ask that each student have no more than two adult visitors per class. Siblings are welcome, but may have to be seated on the floor. Observation of pool conditioning classes will occur from the gallery overlooking the pool deck. On Friday, all school activities will end by 4:00 p.m. and the posted schedule will reflect any changes.

Social Media/Photography Policy

NBS strives to create a safe and welcoming classroom environment. To ensure this, we ask that visitors turn off their cell phones during class and **refrain from the use of cameras or video recording devices.** Artistic staff may permit parents to take still-photographs at the end of a class, but these images should not be shared publicly. Videotaping is not permitted. The NBS community has a responsibility to staff, students, and families in terms of safety, privacy, respect, and discretion. Parents and students should use common sense and courtesy. For example, anyone wanting to publish or report on anything related to the School needs to obtain permission from the Director of Marketing and Communications (416.964.3780 ext. 2100). It is important not to violate NBS' privacy or that of its staff, students, and employees. While we encourage you to take pride in your child's summer experience, posting video to social media sites, including YouTube, Facebook, Instagram, Twitter, SnapChat, and other multimedia platforms is a violation of the security and privacy of the School. In addition, NBS must ensure that the appropriate content creators and rights' holders are honoured and respected.

Meal Service on Observation Days

There will be coffee and tea available for purchase in the Town Square; however, **due to the large student population, we would ask that visitors find alternate arrangements for lunch.** There are many wonderful options nearby. Meal service for the students will proceed as regularly scheduled.

Any questions or concerns regarding Observations Days can be directed to [Robin Lockert](#).

DANCEWEAR REQUIREMENTS

A list of dancewear requirements will be provided after the placement classes on Tuesday, July 3. If your son or daughter does not have a particular item (bathing cap, jazz shoes) it may be advisable to wait until they receive their schedule before making any purchases.

Outlines below are the general guidelines for dance class attire.

Girls

Presentation should be tidy with hair worn neatly in a style considered suitable by staff and appropriate for performing and publicity photos. For safety reasons, girls' buns should be unadorned. Jewelry, except for medic alert bracelets and stud earrings, must be removed before every dance class. Discreet makeup is permissible for girls in Grades 8 and up. Outside of the dance studio, sweatsuits are to be worn over ballet wear. Please send your child with supportive footwear. Flip-flops are not acceptable daily footwear.

Ballet class

- Simple sleeveless leotard of any colour
- Pink tights
- Pink ballet shoes
- Pink pointe shoes (Grades 7 and up)

Character/Jazz class

- Character skirt, knee length, full gathered or circular. **Students are not required to buy a character skirt specifically for Summer School**, as character class may be taken in regular ballet wear. Character skirts may also be worn in Chinese Folk Dance.
- Girls who have character shoes or jazz oxfords should bring them. **Students are not required to buy shoes specifically for Summer School**, as character and jazz class may be taken in ballet shoes

Pointe Shoes

Pointe classes will depend on each individual student's schedule; however, students in Grades 7 and above should expect that they will require pointe shoes. **Please do not buy ballet or pointe shoes especially for Summer School.** Auditioning girls requiring pointe shoes will be professionally fitted for shoes at *The Shoe Room* during Summer School. While younger girls may only require one pair of pointe shoes, older girls may need several pairs during Summer School. If required, shoes can be purchased at *The Shoe Room* at the beginning of Summer School and the fit checked by NBS staff before elastics and ribbons are attached.

Boys

Presentation should be tidy, with a conservative haircut appropriate for performing and publicity photos. Jewelry, except for medic alert bracelets and stud earrings, must be removed before every dance class. Outside of the dance studio, sweatsuits are to be worn over ballet wear. Please send your child with supportive footwear. Flip-flops are not acceptable daily footwear.

Ballet class

- Black or white leotard and/or fitted white T-shirt (Grades 5, 6, and 7)
- Black dance shorts or black tights (Grades 5, 6, and 7)
- Black tights with black or white leotard and/or fitted white T-shirt, black unitards are also permitted (Grades 8 and up)
- Dance belt (similar to athletic support)
- If wearing tights please have an elastic belt
- If wearing shorts or footless tights please have white, lightweight ankle socks
- Ballet shoes, if possible matching the colour of the student's socks or tights

Character class

- Boys who have character shoes or jazz oxfords should bring them. Students are not required to buy shoes especially for Summer School, as character class may be taken in ballet shoes.

Girls' and Boys' Pool Conditioning Attire

- One-piece bathing suit of any colour
- Cap (Swim caps are not sold at the Shoe Room. Any sportswear store will carry swim caps)
- Goggles
- Deck shoes or flip-flops
- Bath towel
- Robe or appropriate cover-up

Please note that nose plugs are not permitted.

The Shoe Room

NBS operates a retail store called [The Shoe Room](#). It is located at 406 Jarvis Street, and sells pointe shoes, dancewear, and accessories, as well as an assortment of NBS-branded items, such as water bottles, bags, etc. During the registration process, parents are asked to authorize their child's use of a credit card to be kept on file, and only charged if and when the child makes a purchase. As NBS casual wear and other items are also available from The Shoe Room, we suggest you discuss potential purchases with your child to avoid misunderstandings.

Purchasing Uniforms for PBP Program Once Accepted

Students who have been accepted into the full-time program for September 2018 are able to purchase regulation dancewear at The Shoe Room as of the last week of Summer School.

Students in the Professional Ballet Program are required to wear a school uniform while academic classes are in session from September to June. The uniforms must be purchased from McCarthy, in Toronto, and can be shipped to a home in Canada, or directly to the School.

In addition, during the first week of school in September, a gently-used uniform sale will be held. This event is sponsored by the Ballet Family Support Program and all proceeds from the sale are donated to NBS' Artistic Director Discretionary Fund that is used to finance students' attendance.

ATTENDANCE

Absence or Late Arrival

Absences or late arrivals should be reported before the start of the school day:

- **Parents of Day students (Grades 5–12):** Please inform the Summer School Coordinator at ext. 2009 before the start of the school day.
- **PSP students:** Please inform the Summer School Coordinator at ext. 2009 before the start of the school day.

Sign-In and Sign-Out Procedures

All Summer School students are responsible for reading and following the sign-in and sign-out procedures for the Celia Franca Centre.

Sign-In and Sign-Out Procedures for the Beginning and the End of the School Day:

- Grades 5–9: Sign in and out with their assigned group counsellor.
- Grades 10–12 and PSP: Sign in and out at the reception desk at 400 Jarvis.

Sign-In and Sign-Out Procedures During the School Day:

- Grades 5–9: Sign in and out with your group counsellor.
- Grades 10–PSP: Sign in and out at the reception desk at 400 Jarvis.

Sign-in and sign-out privileges for all students enrolled in Summer School work on the honour system and will be revoked if abused.

RESIDENCE LIFE

The following information has been provided to answer commonly asked questions. Please do not hesitate to call Karen Gledhill, Head of Residence, at ext. 5122 or Suzzette Patten, Assistant Head of Residence at ext. 5123, with any queries or concerns not addressed below.

Wake-Up Call and Lights-Out

Monday through Saturday, wake-up call is at 7:30 a.m. Students are required to make their beds and tidy their rooms before classes. Sundays are more relaxed and students are able to sleep in.

Lights out Sunday to Thursday are as follows:

- Grades 5-6 9:00 p.m.
- Grade 7 9:15 p.m.
- Grade 8 9:30 p.m.
- Grade 9 10:00 p.m.
- Grades 10-12 11:00 p.m.

Phone calls are welcome each evening until lights-out. Students making long distance calls from a landline are permitted to do so by calling collect or by using a calling card. There are landline phones available for student use on every floor.

E-mail

Wireless internet is available throughout the Residence for the use of personal notebook computers. A computer lab is available in the Residence for students who choose not to bring their own computers. Please see the section on “Computers” for appropriate behaviour with computers and internet safety.

Parcels

To avoid handling fees, all packages, especially international packages, should be marked “**Personal**” and addressed without any reference to NBS, as follows:

Student's name
400 Jarvis Street
Toronto, ON
Canada, M4Y 2G6

If packages arrive COD (cash on delivery), they are not accepted by the School.

Please refrain from sending peanut butter or any foods containing peanuts into NBS in consideration of students with severe peanut allergies.

Roommates

The Head of Residence establishes roommates for Summer School unless specific requests are made. While roommates are usually in the same academic grade, they may be one grade above or below. During Summer School, each student typically shares a room with two others.

Medications

All medications, including over-the-counter (OTC) (such as vitamins and OTC analgesics), must be given to Residence staff on opening day. Medications must be clearly labeled in English with the student and physician's names, the names of the medications, and administering instructions.

Meals

All meals and evening snacks will be provided on-campus by NBS' professional chef and staff. Please be sure to inform us of any special dietary restrictions or allergies pertaining to your child.

Rooms

As the Residence rooms do not lock, it is recommended that valuables be left at home, if at all possible. Since cell phones, laptops, tablets, and cameras are a necessary part of today's life, it is recommended that a system of locking expensive valuables or electronics into suitcases or lock boxes be used. Medications, vitamins, money, passports, travel tickets, and health cards must be deposited for safekeeping with the Residence receptionist, located at 105 Maitland Street.

Students are expected to check with Residence staff before attaching anything to bedroom walls or furniture. Students will be held financially accountable for preventable damage done to bedrooms, walls, or common spaces in Residence.

In order to ensure the safety of all, students are not permitted hotplates, kettles, space heaters, refrigerators, heat lamps, irons, microwaves, popcorn makers, or the like in their rooms. Hair straightening/curling irons may be used in bedrooms, but any left on during the day will be confiscated and returned at the end of the term. In addition, fire safety precautions preclude students from burning candles or incense in their rooms or common areas.

Clothing

As storage space is limited, the clothing list below must be adhered to and personal belongings kept to a minimum. Outside of the studio, sweatsuits are worn over ballet wear and footwear is always worn in Residence.

All clothing items, towels and ballet wear must be clearly marked with first and last name. Please provide extra nametags to be sewn into any additional clothing that may be purchased while at NBS. Below is a suggested packing list.

- 2 hand towels, bath towels and face cloths
- Toothbrush and toothpaste
- Toiletry bag containing soap, shampoo, deodorant etc.
- 4 pairs of shorts
- 6 T-shirts
- 8 pairs of socks
- 9 pairs of underwear
- 1 sweater or cardigan
- 1 sweat suit
- 3 pairs of jeans/lightweight pants
- 1 raincoat/waterproof garment
- 1 pair of cross trainers or equivalent athletic shoes (flip-flops may only be worn on the pool deck)
- 2 sets of pajamas
- 1 robe

- 1 pair of slippers
- 1 water bottle
- 1 sewing kit
- 1 combination lock
- 1 laundry bag
- Personal lockbox for valuables

Laundry and Bedding

Laundry facilities are housed on the lower-main level of the Residence building. Students will have access to laundry daily for dancewear (tights, bodysuits, etc.) and weekly for other items, such as clothes and bedding. Upon arrival, each student is assigned a laundry locker and given a schedule of availability. Items that require washing can be placed in the laundry room hamper in the morning and will be returned to the student's locker clean and folded at the end of the day. Please ensure that all of the student's clothing is well labeled. All bed linen, including one pillow, is provided by the School; students, however, may bring their own, including comforters and pillows.

Leaving Campus

On each occasion, a written or e-mailed note from parents giving permission is required by Residence staff to allow a student to visit friends or relatives off campus. This permission should be e-mailed to travel@nbs-enb.ca.

When leaving Residence, students must sign out, indicating their destination, time of departure, and time of return. When signing out overnight, a contact phone number must be provided. Students must follow all sign-out and sign-in procedures when leaving Residence with their parents.

Guests, as approved by parents in writing or e-mail and by the Head of Residence, may visit students at appropriate times, but must sign in at Reception and with the floor staff.

Please note that due to issues of liability, in order to maintain appropriate student-to-staff ratios and to ensure the safety of all students, it is not possible for Residence staff to care for the friends and/or siblings of Resident students when parents are visiting their children who live in Residence.

All students, no matter what grade, are encouraged to travel in groups. The following is the NBS' policy on outings, by grade:

- Grade 6 and 7 students are never allowed to sign out without a staff member or an assigned senior student designated in charge.
- Grade 8 students, in groups of four at all times or with a staff member, are allowed to travel off-site within the area bounded by Wellesley Street, Yonge Street, Dundas Street and Church Street. They must check in at least **every hour**. Grade 8 students are not allowed out after dark without a staff member or senior student who has been designated in charge.
- Grade 9 students, in groups of two at all times within the same boundaries as Grade 8 and also the Eaton Centre, are allowed to travel until "In-Residence" time. After dark, students must be in groups of four. If students are travelling outside the identified boundaries, they must be in groups of four travelling during **daylight hours only**. They must check in at least **every hour**.
- Grade 10 students are encouraged to be with at least one other person when off-site. After dark, they must be in groups of two. They must check in every **hour and a half**.
- Grade 11 students are encouraged to be with at least one other person when off-site, especially after dark. They must check in every **hour and a half**.

- Grade 12 students are encouraged to be smart and safe. They must check in every **hour and a half**.

Students may visit other students in their rooms, according to the floor curfew schedule, with a doors-open policy.

Lockers and Access Cards

When students arrive for placement classes on Tuesday July 3, they will receive their access cards and locker designations for the Celia Franca Centre. Each student is required to bring a combination lock.

Extracurricular and Weekend Activities

Please see the sample calendar on the next page for an idea of the type of extra activities for Summer School students. **Note:** These excursions are optional, and cost is not included in the tuition for Summer School. There is an extra charge for these activities.

SAMPLE CALENDAR–Summer School Evening and Weekend Activities

****Events & Dates WILL Change****

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 New students arrive at Residence	3 Night out at the movies or residence swim or counsellor-led activities	4 Laser Quest or bowling or counsellor-led activities	5 In residence movie night	6 Student council dance	7 Ontario Place
8 Ontario Science Centre or Casa Loma	9 All Fired Up Pottery or Hink's Gym or counsellor-led activities	10 Laser Quest or bowling or counsellor-led activities	11 Mini-golf or counsellor-led activities	12 Residence swim or outdoor swim or counsellor-led activities	13 In residence movie night	14 Canada's Wonderland
15 CN Tower and Harbourfront	16 Hink's Gym or outdoor swim or counsellor-led activities	17 Evening shopping and downtown sightseeing or residence swim or counsellor-led activities	18 Counsellor extravaganza night	19 NBS fashion show	20 NBS "Fear Factor" and "NBS Idol"	21 African Lion Safari OR Blue Jays game
22 Toronto Centre Island picnic and fun and games	23 Evening shopping and/or downtown sightseeing or counsellor-led activities	24 Choice of counsellor-led activities	25	26 Room packing and departure preparations	27 Students depart and/or pack and prepare for morning departure Residence remains open	28 Students depart Residence closed at 5:00 p.m.

Missing Home

Many young people experience some homesickness when first away from home but begin to feel better within a few days. The following suggestions have helped minimize feelings of homesickness:

For students

- If you haven't been away from home before, try some practice runs. Spend the weekend at a friend's house to get the feel of being in a new place, sleeping in a strange bed and being around different people.
- Talk to your parents about any concerns you might have and make a list of coping strategies. Examples of actions others have found helpful are participating fully in all activities, keeping a journal or calendar, having regular contact with home and giving yourself time to adjust.
- Help pack your own suitcase and include something, such as a favourite stuffed animal, small photo album or pillow that reminds you of home.
- Most importantly, remember that everyone is experiencing change and focus on building a network of friends who share your love of dance.

For parents

- In preparation for Summer School, invite your child's questions and explain what to expect while away. Parents are urged to read through *A Guide to Summer School 2018* together with their children. Explore the NBS website. Remember [Karen Gledhill](#)-Head of Residence, [Robin Lockert](#)-Registrar, and [Alexander Gorbatsevich](#)-National Audition Tour Manager, are available to answer questions.
- Let your child know that while you will miss him or her, you are excited and happy about this opportunity. If your child fears you may be sad or anxious, it will be hard for him or her to enjoy everything that NBS Summer School has to offer.
- Make encouraging suggestions that will equip your child to connect with NBS staff and help him or her work through homesickness or other challenges.

Pocket Money and Documents

Each student is asked to arrange an e-transfer from your bank or deposit a cheque, money order or cash (minimum of \$100) with the Residence Administrative Assistant to cover expenses such as neighbourhood outings, treats, souvenirs and photos. Cheques should be made payable to the *National Ballet School Student Accounts*.

E-mail Money Transfers

Residence accepts e-mail money transfers (EMT) for a student's account. Anybody with access to online banking is able to transfer funds using EMT. An EMT is not the same as wiring funds but is a way to send money using online banking. Bank account numbers are not required and no private information is displayed or given to NBS. Check with your financial institution for instructions and restrictions.

Use the following information to add "NBS residence" as a recipient.

Name: NBS residence
E-mail: travel@nbs-enb.ca
E-mail Language Preference: English

Security Question: Your child currently lives where?

Answer: NBSRESIDENCE

Confirm Answer: NBSRESIDENCE

(The answers above must be in capital letters and all one word)

In the “message” section the student’s full name (first and last name) **must be included or the EMT will not be accepted.**

For safekeeping, passports, travel tickets, and cash must be deposited with the Residence Administrative Assistant immediately upon arrival.

Worship

When possible, chaperones will be available to take students to places of worship.

CORE VALUES AND SHARED IDEALS

Canada's National Ballet School (NBS) encourages the development of considerate and successful students and artists. The NBS community nurtures each student as an individual and as a participant in our larger group. Our Core Values and Shared Ideals are

PASSION FOR DANCE

NBS is deeply committed to developing and supporting its students' love of dance and movement. We believe that dancers contribute significantly to the arts world, and that the artist has a prominent role in society.

RIGOUR AND DISCIPLINE

The NBS curriculum promotes excellence in ballet training, academic and professional preparation, and personal growth. We believe success in these areas is fuelled by hard work and a personal commitment to achievement.

RESPECT

Respect for each other and ourselves is integral to our community. We extend this respect to the physical and intellectual property of others.

INTEGRITY

Adhering to a high standard of personal and artistic integrity promotes mutual respect and strength of character.

CREATIVITY

Creativity is our life-force and our means of self-expression. We incorporate innovation and artistry into our work, and we nurture creativity by fully exploring individual potential and fostering a productive group dynamic.

BALANCE

Canada's National Ballet School provides a well-rounded and balanced education for its students to enhance healthy bodies, minds, and souls.

GENERAL CODE OF BEHAVIOUR

NBS students and staff have written a Code of Behaviour to guide student life. This code of rules and regulations is treated with seriousness and respect by all members of the NBS community, as doing so allows students to develop and train in a safe environment. Consequences for infractions are decided on an individual basis following intensive and confidential discussions between the involved parents and NBS faculty.

In addition to the principles that guide academic studies, ballet training, and Residence life (e.g., the ban on smoking) the following rules have been adopted:

DRUGS AND ALCOHOL

Day and Residence students may not possess, consume, or be under the influence of alcohol or non-prescriptive drugs at any time while registered in the School. This prohibition covers both School-arranged events (e.g., theatre attendance, performing tours, School dances, field trips) and private functions. The consequences for non-compliance can include suspension and/or expulsion from the School. This rule applies to all students in the Professional Ballet Program, including those over 18 years of age.

THEFT

Theft of any kind will not be tolerated. Each case will be assessed individually. The minimum consequence will be a one-day suspension, plus satisfactory restitution and a formal apology to the victim(s).

VANDALISM

The destruction or defacement of School property is considered a serious offence. The penalty for vandalism will be determined according to the severity of the damage.

FALSE ALARM

Tampering with a fire alarm is prohibited by law. The consequences for deliberately activating a false fire alarm will be determined on an individual basis.

SEX

Any form of intimate sexual relations on School property is inappropriate and unacceptable.

BULLYING AND/OR VIOLENCE

Violence of any sort—physical, verbal, or emotional—including derogatory, sexist, or racist insults will not be tolerated.

COMBUSTIBLES

Students may not own or use any product that is combustible or explosive, including, but not limited to, matches, lighters, candles, incense, and fireworks. Any article deemed to be hazardous or a nuisance to others will be confiscated.

SOLICITATION

No student may solicit, promote or sell goods or services, raise funds, or conduct any other business on campus without the permission of Mavis Staines, Artistic Director. Please see the next page under “Computers” for appropriate Internet conduct.

COMPUTERS

General

NBS has WiFi coverage throughout the school and residence for student use and they should not experience any connectivity issues. If a student does have an issue, they should contact a counsellor and request assistance. IT Services will also assist in configuring the student's devices to connect to the School network.

NBS encourages all students to run some sort of Anti-Virus on their devices for their own protection.

NBS actively filters traffic to and from the Internet to shield students from inappropriate websites and discourage the transmission of viruses, worms, and adware, etc. While it is neither School policy nor practice to monitor students' e-mail, in the course of systems maintenance, individuals from IT Services may have access to private information.

Students can use any of the readily available video chat applications to keep in touch with family and friends.

Parents are welcome to e-mail [IT Services](#) with any questions.

User Guidelines

- Report any damage to the system that happens by accident or on purpose.
- Consider others who use the systems; keep the use of computers and connections to a reasonable amount of time.
- Do not use NBS computers for any purpose that is illegal, pornographic, or hateful, or that bullies or threatens someone, or that may be considered offensive in any other way.

Actions Not Allowed

- Transferring computer viruses or other material that might harm the computers or network
- Damaging equipment
- Opening a computer, connecting or disconnecting any devices, or trying to repair equipment without permission
- Copying or borrowing files or information and presenting it as original work
- Attempting to access unauthorized areas on the School's network

Results of Misuse

- The misuse of computers or connections may result in disciplinary action, which may necessitate legal or police action.

Student and Staff E-mail Communication

- Students are expected to use correct spelling, punctuation, and grammar and not to write all in all capitals or all lower case.
- Student writing should be formal, polite, and respectful. Students should use please and thank you and address staff by name in the salutation.

- All e-mail should have an appropriate and relevant subject line.
- All e-mail communication between students and staff must be through NBS staff e-mail accounts.

Responsible Internet Use Policy

Used wisely, the Internet is an invaluable source of information and means of communication. Because of the wealth of new social media tools available, however, online communications, products, and documents have the potential to reach far beyond the intended audience. This possibility translates into a greater level of responsibility and accountability for everyone. Below are guidelines NBS students, staff, and parents should adhere to when using the Internet and social media.

Key Principle

Interacting with each other online is no different than interacting face to face: it is necessary to maintain the principles of respect, integrity, concern for and protection of others, and safety in all interactions. Students who participate in online interactions must remember that their posts reflect on the entire NBS community and, as such, are subject to the same behavioural standards set forth in the General Code of Behavior.

Online Interaction and Identity

- Exercise care with privacy settings and person profile content, to ensure that posted content does not reflect poorly on the School in any way or otherwise create a conflict of interest. Content should be placed thoughtfully and periodically reviewed.
- Be aware of what you post online. Social media venues are very public. What you contribute leaves a permanent digital footprint for all to see. Do not post anything you wouldn't want friends, enemies, parents, teachers, or a future employer to see. Even social media designed to be impermanent (like SnapChat) can be manipulated so that content is reposted in other applications.
- How you represent yourself online is an extension of yourself. Do not misrepresent yourself by using someone else's identity.
- The use of social media (Facebook, Instagram, SnapChat, Twitter, etc.) is not permitted during class time unless specifically authorized by the teacher.
- For the protection of both NBS students and staff, it is never appropriate for students to have NBS staff as contacts or "friends" in any social media format.

Privacy and Safety

- Be safe online:
 - Never give strangers personal information. Restrict personal information to "friends" or to people you speak with in person.
 - To make it difficult for others to access information about your private life, make certain that your personal social networking profile is set to "private" and that personal information is not available to "friends of friends" or other peripheral contacts.
 - Do not post phone numbers or addresses.
 - Make sure the privacy settings on posted pictures are the most restrictive (friends only)
 - Do not post pictures that clearly identify your location for example, the school logo, school sign, or identifiable school buildings, so that someone you do not know can find you.

- If you are posting to site where you cannot control privacy settings, do not identify yourself as an NBS student. This also means you should not identify yourself as an NBS student on any publicly visible social media bios such as Instagram.
- Passwords are for your protection. Do not share them.
- Always respect the privacy of others. Never give out information about anyone else unless you have his or her permission, and you know that the information will not be used maliciously.
- Parents need to assist in increasing their child's awareness of how to avoid danger while celebrating the wonders of the Internet. Sites of particular concern are 18+ sites such as Omegle, Chatrouleete, and Chatrandom. While in theory, a student must be 18 years or age or older to use these sites, or have their parents' permission, in general no teenager will seek parental permission when heading down a path peers are recommending as a means of test-driving adult entertainment. The only solution is the ongoing education about the risks and parent/guardian clarity about the consequences. NBS blocks 18+ sites, but the students are able to reach them if they are using Internet platforms other than the School's, such as through family mobile phone plans.
- Consult websites that offer parental or family guidance for Internet safety; for example www.SafeKids.com, www.connectsafely.org, www.getcybersafe.qc.ca/cnt/blg/pst-20160205-en.aspx.

Content

- Because social media sites are increasingly interconnected, you should be aware that any content posted online may eventually (or immediately) show up on other sites. Not posting inappropriate content in the first place is the only way to completely protect against this possibility.
- Follow the School's code of conduct when writing online. It is acceptable to disagree with someone else's opinions; do it in a respectful way, however. Make sure that criticism is constructive and not hurtful.
- Do your own work! Do not use other people's intellectual property without their permission and without giving credit. It is a violation of copyright law to copy and paste other's thoughts. When paraphrasing someone else's idea(s), be sure to cite your source with the URL.
- Be aware that pictures may also be protected under copyright laws. Verify that you have permission to use the image or that it is under Creative Commons attribution.

Parent Review

Parents are asked to review these guidelines and policies with their children to ensure they understand and abide by its guidelines.

CONSULTANTS PROGRAM

The Consultants Program at NBS provides an opportunity for students to enhance a healthy sense of self and learn effective ways of interacting with others. It recognizes the unique stresses inherent in training at a world-class level, as well as the stress associated with normal human development for youth aged 11-18.

The following excerpt is from a paper Dr. Richard Meen, whose expertise has informed NBS for over 20 years, presented at an Open Forum for parents during Summer School 2004. Its content will give you an idea of the philosophy behind NBS' Consultants Program and the training program as a whole.

Every summer I am truly awed by the passion, the enthusiasm, the commitment and the energy that accompanies the children who attend Summer School pursuing their dream. Such vigour and observance of discipline by these young people is contagious and without question enhances the awareness of my responsibilities as a child and adolescent psychiatrist, not only to the students here, but in all of my endeavours in children's mental health.

The British psychiatrist Anthony Storr tells us that: 'creative talent of a major kind is not widely bestowed. Those who possess it are often regarded with awe and envy because of their gifts. They also tend to be thought of as peculiar, odd human beings, who do not share the pains and pleasures of the average person.' I am confident that no one is more aware of this than you, the parents of such progeny. The possession of creative talent appears as a 'doubtful blessing: a Janus-faced endowment, which may bring fame and fortune, but which is incompatible with what, for the ordinary person, constitutes happiness,' Storr goes on to remind us. A child's happiness is, reasonably, a major issue for all caring parents. But who defines that state? The parent? The child?

We consultants, and there are 10 of us at the school, struggle greatly with this conundrum. The discussions at our meetings, over the past year, have been most vigorous as we have actively engaged in the exciting directions and issues that face the school as it moves forward. Change is imminent and rather than being passive participants observing the activities around us, we are in the thick of it, to say the least. We are committed to a wellness model of care with health promotion and prevention as being our goals, since we collectively believe this to be the most effective and ethical direction for the School to be taking. We believe that the rigours of training and schooling placed upon children and youth in order to achieve their potential and goals requires an environment that provides the healthiest of experiences, at every level of their existence, appropriate for their particular stage of development and gender. We recognize that each and every student is unique in their needs and that those needs require understanding and necessary attention in order for them to make informed decisions.

Dr. Richard Meen

LOOKING AHEAD TO THE PROFESSIONAL BALLET PROGRAM

The training of ballet professionals is the core purpose of Canada's National Ballet School, with the dance program forming the backbone of all School operations. NBS' Professional Ballet Program provides full-time ballet training to students from Grade 6 through post-secondary and is carefully and progressively designed to take the student from the earliest stages of intensive training through to the brink of a full-time career in dance.

The demands placed on professional ballet dancers today are broader and more intense than ever before. To prepare graduates to meet these evolving and increasingly demanding expectations, NBS has developed a rich and sophisticated educational process that extends beyond studio learning. In addition to ballet, conditioning, variations/repertoire, pas de deux, modern dance, and improvisation, NBS students study music, history of art, and history of ballet. As well, they are provided with nutritional education, cooking classes, life skills classes, professional performance experience, career counselling, choreographic opportunities, and more.

All students in the Professional Ballet Program are admitted on the basis of their perceived potential to become professional ballet dancers. To achieve world-class standards, training should begin before puberty and ideally by the age of 10 or 11. Many changes take place after this age, which may challenge or contradict earlier assessments of the "perceived potential to become professional ballet dancers." Only students whose physical, artistic, and emotional development and progress fall within the School's admission standards are invited to continue their training.

The primary objective of NBS is to educate healthy, critically thoughtful artists who will expand the parameters of ballet as an art form. In their daily dance classes, students will be encouraged to realize their personal best by taking instruction constructively, exceeding perceived limitations, and celebrating individual achievements. Students should expect to receive frequent verbal and physical direction in front of their peers, as all students benefit from being attentive to information given to classmates. The artistic staff, with parental support, works to empower students to thrive in this competitive, creative, and stimulating environment.

The school year extends from early September to late July, although the academic year ends in June. **Attendance at the July Summer School is mandatory**, except for senior students selected by the Ballet faculty to participate in the NBS Student Exchange Program.

The Professional Ballet Program at NBS annually enrolls approximately 150 students from Grade 6-12 who are admitted to the School on the basis of their potential and ability as dancers. Most of the School's students demonstrate that they are capable of the highest achievement in areas of specific academic aptitude and general intellectual ability. Therefore, NBS is committed to preparing students for life-long learning and post-secondary education after a career in dance and demands the highest commitment to teaching and learning from students, their parents, and the teachers.

BALLET FAMILY SUPPORT PROGRAM

The Ballet Family Support Program (BFSP) is an established group, recognized and supported by NBS, that embraces as its core value that effectively supporting students to thrive is an endeavour which requires a strong partnership between the School and parents. The BFSP has an Executive Committee of three parent representative co-chairs, selected by Mavis Staines, Artistic Director, who oversee five committees: the Parent Liaison Committee, E-Communication Committee, the Handbook Committee, a nutritional newsletter (*Fresh Picks*) committee, and the Uniform Sales Committee.

NBS Parent Liaisons

The purpose of Parent Liaisons is to provide an additional resource to the parents of students at NBS to help them effectively navigate the logistics and parenting challenges of supporting a child at a world class ballet school. The School will provide opportunities to meet the Parent Liaisons at various Parent Meetings throughout the year. Parents may also request to be paired with a Parent Liaison via the Question and Suggestion Drop Box on the parent website. **The Parent Liaison program is only available to NBS parents and guardians of full-time PBP students.**

Parent Question and Suggestion Drop Box

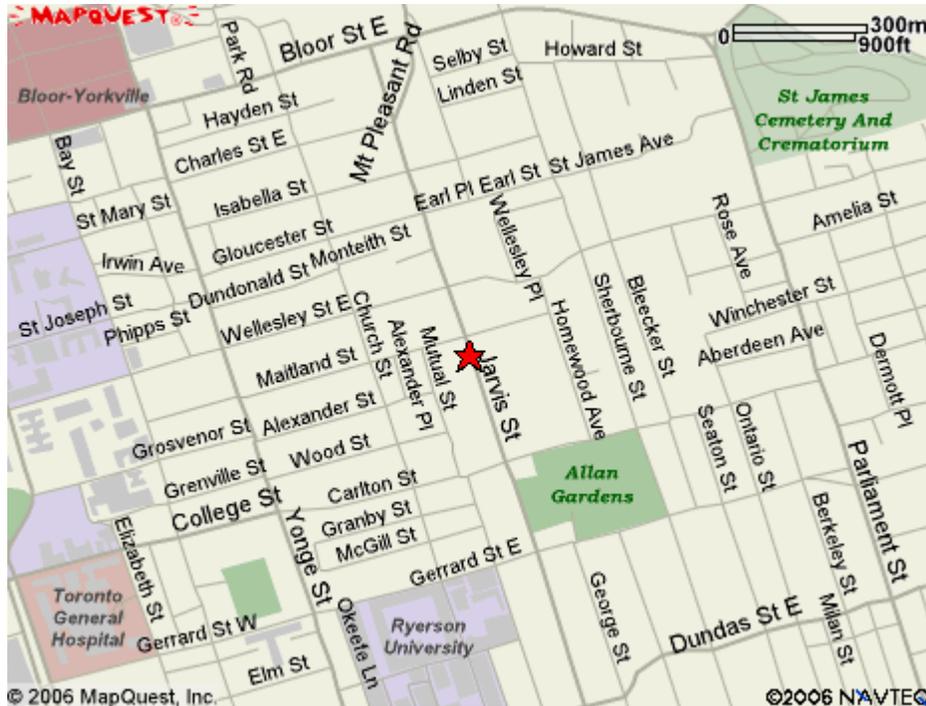
The Parent Questions and Suggestion Drop Box on the School website allows parents to make suggestions for parent meeting topics, to pose general queries, to offer suggestions, or to make a request to be linked with a Parent Liaison. This information will be reviewed by the BFSP's Executive Committee and organized and brought to the attention of NBS staff as needed. Information may be submitted anonymously; it would be very helpful to the BFSP Executive Committee, however, if contact information is provided so that comments can be clarified, if needed. **The Question and Suggestion Drop Box is only available to NBS parents and guardians of full-time PBP students.**

NBS Family Chat Group

The NBS Family Chat Group is a forum for respectful sharing of useful information among parents about the logistics and challenges of having a child at a world class ballet school. This might include identifying carpooling possibilities, sharing tips on travel options, or offering ideas on how to encourage a child at a distance to work on homework. The Chat Group is a moderated group **that is available only to NBS parents and guardians of full-time PBP students who choose to subscribe.**

MAP AND DIRECTIONS

Canada's National Ballet School is located at 400 Jarvis Street, Toronto, ON, M4Y 2G6.



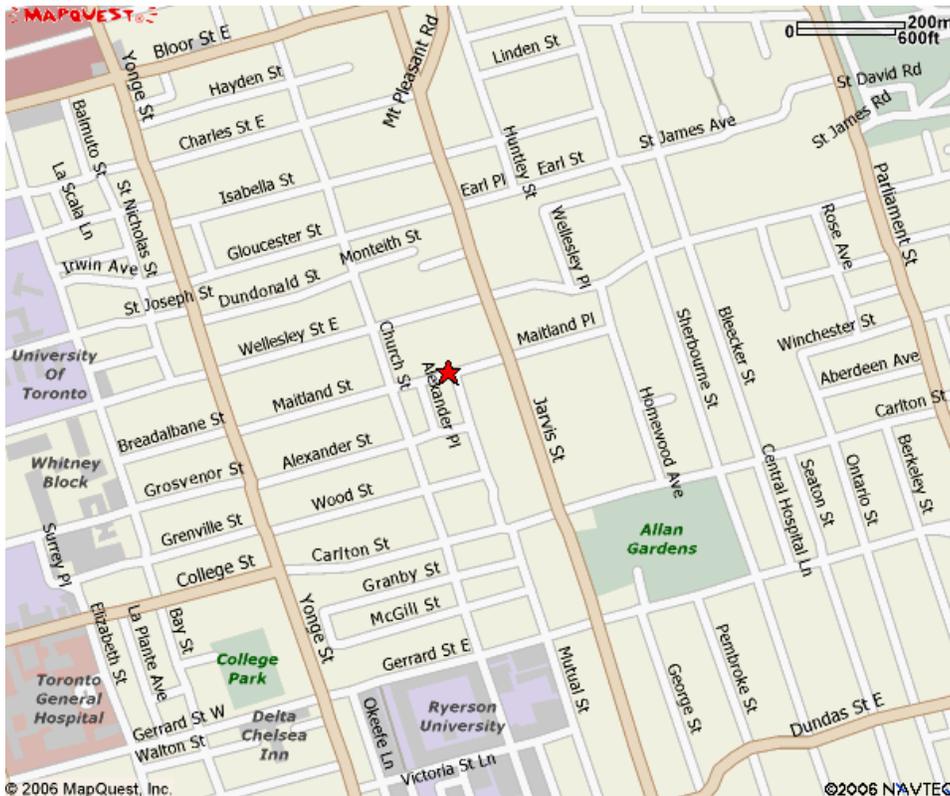
From the 401 Travelling Eastbound

- 1) Take Provincial Route 427 South.
- 2) Merge onto GARDINER EXPRESSWAY EAST Via the exit on the left.
- 3) Take the JARVIS STREET exit.
- 4) Turn Slight Left and take the JARVIS STREET north ramp.
- 5) Turn left onto LOWER JARVIS STREET
- 6) LOWER JARVIS STREET becomes JARVIS STREET
- 7) Cross CARLTON STREET continuing North

From the 401 Travelling Westbound

- 1) Merge onto HWY-401 COLLECTORS West.
- 2) Merge onto DON VALLEY PKWY SOUTH Via EXIT 375 toward DOWNTOWN / CENTRE-VILLE.
- 3) Take the Exit toward BAYVIEW AVE. / BLOOR ST.
- 4) Take the BLOOR ST. ramp toward DANFORTH AVE.
- 5) Turn SLIGHT LEFT onto CASTLE FRANK RD.
- 6) Turn RIGHT onto BLOOR ST E / PROVINCIAL ROUTE 5.
- 7) Turn LEFT onto TED ROGERS WAY which turns into JARVIS ST.
- 8) Cross over WELLESLEY ST. continuing south

The NBS Residence is located at 105 Maitland Street, Toronto, ON, M4Y 2G6 (1/2 block from the School)



From the 401 travelling Eastbound

- 1) Take Provincial Route 427 South.
- 2) Merge onto GARDINER EXPRESSWAY EAST via the exit on the left.
- 3) Take the JARVIS STREET exit.
- 4) Turn Slight Left and take the JARVIS STREET north ramp.
- 5) Turn left onto LOWER JARVIS STREET
- 6) LOWER JARVIS STREET becomes JARVIS STREET
- 7) Cross CARLTON STREET continuing North to Maitland Street
- 8) Turn left onto Maitland Street

From the 401 travelling Westbound

- 1) Merge onto HWY-401 COLLECTORS West.
- 2) Merge onto DON VALLEY PKWY SOUTH Via EXIT 375 toward DOWNTOWN / CENTRE-VILLE.
- 3) Take the Exit toward BAYVIEW AVE. / BLOOR ST.
- 4) Take the BLOOR ST. ramp toward DANFORTH AVE.
- 5) Turn SLIGHT LEFT onto CASTLE FRANK RD.
- 6) Turn RIGHT onto BLOOR ST E / PROVINCIAL ROUTE 5.
- 7) Turn LEFT onto TED ROGERS WAY, which turns into JARVIS ST.
- 8) Cross over Wellesley Street continuing south to Maitland Street
- 9) Turn right onto Maitland Street

NEARBY HOTEL AND BED & BREAKFAST LISTINGS

Listed accommodations are within easy walking distance of Canada's National Ballet School.

Hotel-Style Accommodation

Ramada Plaza Toronto

300 Jarvis Street, Toronto, Ontario M5B 2C5

Toll-free: 1.800.567.2233

Local: 416.977.4823

www.ramadaplazatoronto.com

Best Western Primrose Hotel

111 Carlton Street, Toronto, Ontario M5B 2G3

Toll-free: 1.800.565.8865

Local: 416.977.8000

www.torontoprimrosehotel.com

Courtyard Marriott Hotel

475 Yonge Street, Toronto, Ontario M4Y 1X7

Toll-free: 1.800.847.5075

Local: 416.924.0611

www.marriott.com

Econo Lodge Inn & Suites Downtown

335 Jarvis Street, Toronto, Ontario M5B 2C2

Toll-free: 1.800.424.6423

Local: 416.962.4686

www.choicehotels.ca

Holiday Inn Toronto Downtown Centre

30 Carlton Street, Toronto, Ontario M5B 2E2

Local: 416.977.6655

www.holidayinn.com/TorontoCentre

Town Inn Suites Hotel

620 Church Street, Toronto, Ontario M4Y 2G2

Toll-free: 1.800.387.2755

Local: 416.964.3311

www.towninn.com

Bed and Breakfast Style-Accommodation

Ambassador Inn

280 Jarvis Street, Toronto, Ontario M5B 2C5

Local: 416.260.2608

info@jarvishouse.com

www.jarvishouse.com/ambassadorinn

Au Petit Paris

3 Selby Street, Toronto, Ontario M4Y 1W3

Local: 416.928.1348

aupetitparis@bbtoronto.com

www.bbtoronto.com/aupetitparis

The House on McGill

110 McGill Street, Toronto, Ontario M5B 1H6

Toll-free: 1.877.580.5015

Local: 416.351.1503

mcgillbb@rogers.com

www.mcgillbb@rogers.com

Victoria's Mansion Guest House*

68 Gloucester Street, Toronto, Ontario M4Y 1L8

Local: 416.921.4625

info@victoriasmansion.com

www.victoriasmansion.com