



Class Descriptions

LEVEL	TERM 1	TERM 2	TERM 3
Intro	Intro to a full barre (1st and 2nd position). Major port de bras. Intro to spotting for turns. Intro to simple jumps, 1st and 2nd position.	Intro to a full barre (1st and 2nd position). Major port de bras. Intro to spotting for turns. Intro to simple jumps, 1st and 2nd position.	Intro to a full barre (1st and 2nd position). Major port de bras. Intro to spotting for turns. Intro to simple jumps, 1st and 2nd position.
I	Intro to a full barre (1st and 2nd position). Major port de bras. Intro to spotting for turns. Intro to simple jumps, 1st and 2nd position.	Barre work with one hand on barre. Intro of 5th position. Adage work with port de bras. Increased difficulty with spotting. Continuous jumping introduced.	Barre with port de bras in tendu and battement. Adage work with sustained use of free leg off the floor. Several spotting exercises. Added positions to jumps. Travelling steps on diagonal introduced. Intro to pas de chat.
I/II	Barre work using arabesque and 4th position. Adage work using corners, croisé and ouvert positions. Preparation for en dehors pirouette started. Intro to assemblé and glissade jumps in 5th.	Barre combinations using more varied tempos. Intro of double frappé. Quarter pirouettes en dehors. Small combinations of allégro. Increased diagonal work.	Half and full pirouettes en dehors. Eight positions of the body in centre. Sissonnes ouvert to arabesque. Continued combinations of allégro.
II	Barre and allégro work done at tempo (one movement = one beat). Développés devant, à la seconde, and derrière using assorted port de bras. Intro to grand allégro (chassé to arabesque).	Barre work incorporating Term I material. Battements tendus in combination with pirouette en dehors. Intro to pirouette en dedans. Intro to jeté for allégro.	Simple fouetté tendu to barre from à la seconde to arabesque. Full en dedans pirouette from lunge position. Glissade assemblé and jeté at tempo. Sissonne ouvert in combination with pas de chat.
II/III	Intro of petit battement on relevé at the barre. Use of known pirouettes (en dehors and en dedans) in adage combinations. Intro to chaîné turns.	Intro to grand fouetté at the barre. Waltz combinations with pirouettes. Multiple allégro combinations using varied tempos. Intro to waltz turns from the diagonal.	Intro to double frappé front and back. Intro to posé piqué turns. Intro to beats from 2nd position.

<p>III</p>	<p>Intro of grand rond de jambe en l'air at the barre. Piqué turns in waltz combinations. Intro of grand fouetté in allégro work.</p>	<p>Double frappé en croix at the barre. Use of three different pirouettes in waltz combinations. Allégro with battu in and out 5th position.</p>	<p>Double rond de jambe on relevé. Grand fouetté from 2nd. Integration of waltz turns in combinations with pirouettes. Grand assemblé en tournant.</p>
<p>III/IV</p>	<p>Integration of full port de bras during rond de jambe at barre. Intro to arabesque turn. Assemblé battu from a continuous 5th position (not just 2nd position). Intro of lame duck pirouette.</p>	<p>Grand rond en l'air en relevé at the barre. Double frappé en relevé at the barre. Intro to cabriole in allégro. Intro to grand jeté en tournant.</p>	<p>Full integration of arabesque turn within a combination. Intro to entrechat trois. Intro to cabriole derrière in grand allégro.</p>
<p>IV</p>	<p>Intro to simple fouetté pirouette. Pirouette en l'air. Pirouette in attitude. Multiple steps in grand allégro.</p>	<p>Multiple levels during combinations at the barre. Intro to saut de basque. The use of 32 counts in pirouette combinations. Combinations using all circular posé turns.</p>	<p>Use of arabesque penché at barre. Use of relevé in any position in adage. Work on fouetté pirouette away from barre. Continued extension of grand allégro combinations.</p>