

Teacher Training Program 2019-2020 Course Calendar

NOTE: Professional Development students choose their courses from the Teacher Training Program calendar. All course selections must be approved by the Program Manager prior to registration.

Anatomy – ANT 101

An in-depth study of functional Human Anatomy as it applies to the needs of the dancer and the dance teacher, providing a basic understanding of the structure and function of the human body. Movement sequences are explored to provide kinesthetic understanding of the musculoskeletal system.

Ballet Technique – DNC 101

A 1st year class designed to familiarize all incoming students with a common basis of technique in ballet training. Focus is on increasing strength and technical proficiency. This course includes a study of the RAD Intermediate syllabus work. There is an opportunity to take an externally assessed examination for qualified students.

Benesh Movement Notation – BMN 101

Introduces Benesh Dance notation, emphasizing the abilities to read, write and interpret notated dance.

Cecchetti Intermediate – DNC 102

Introduces the Cecchetti syllabus at the Intermediate level. Emphasizes artistry, style and technique, and provides preparation for an externally assessed exam with the Cecchetti Society.

Cecchetti Advanced I – DNC 202

Continues the work begun in DNC 102. Focuses on a deeper understanding of the artistry and technique unique to this syllabus, and provides preparation for an externally assessed exam with the Cecchetti Society.

Cecchetti Advanced II – DNC 302

Continues the work begun in DNC 202. Emphasizes increased technical ability and includes syllabus teaching points. Provides preparation for an externally assessed exam with the Cecchetti Society. *(Not offered in 2019-2020)*

Character – DNC 206

A second year course designed to familiarize the student with the basics of Character Dance – a hybrid of Classical technique and National styles. Students will work on their own skill development and will experience a build up of classes that can be used as the basis for a Character curriculum, suitable for both younger and more mature classically trained dancers.

Communications – SOC 301

Introduces the skills of management, problem solving and effective communication. Explores child development in terms of cognitive and psychological growth.

Conditioning I – PHS 101

Focuses on personal development of the physical attributes of flexibility, strength, muscular endurance, and cardiovascular endurance.

Conditioning II – PHS 201

Studies the development of the physical attributes of flexibility, strength, muscular endurance, cardiovascular endurance, and the motor attributes of agility, balance, body awareness, coordination, and spatial orientation. Prepares the student to design and implement their own conditioning program.

Dance in the Classroom – DNC 307

Dance in the Classroom is a course focused on the applications of Creative Dance in an elementary school setting. The material covered will include dance as arts education, dance as physical education and dance as a co-curricular learning tool.

History of Art – HST 102

The study of visual art as a way of developing the dance teacher's eye for line, form and style. Focuses on building general knowledge about art and artists, and how to interpret and evaluate their work.

History of Dance I – HST 101

Focuses on the development of dance from its original manifestations in primitive ritual through its development as a theatrical art form up to the end of the Romantic period.

History of Dance II – HST 201

Continues the work begun in HST 101. Studies the development of classicism in Russia, neo-Romanticism, the Diaghilev period, neo-Classicism and German Expressionism.

History of Dance III – HST 301

Continues the work done in HST 201. Focuses on developments in dance in Europe and North America from the mid-twentieth century to the present day.

Modern – DNC 306

Explores the fundamental principles of modern dance including fall and recovery, articulation of the torso, use of the floor, and the development of the body as an expressive instrument. Focuses on physicality, use of space, phrasing and dynamics (2 year course).

Music I – MUS 101

An introduction to music theory concepts. Emphasizes the skills required to work effectively with a musician, and to integrate musical forms into practical dance class situations.

Music II – MUS 201

Continues the work begun in MUS 101. Focuses on rhythm and phrasing, unusual meters, and practical work highlighting effective communication with a musician.

Music Practicum II – MUS 202

Studies the practical application of music knowledge in a classroom environment. Focuses on selecting appropriate music, demonstrating counts and phrasing, and communicating with a musician within the structure of a ballet class.

Music Practicum III – MUS 301

The course is designed to take students from knowledge of music theory to the actual use of music in dance training. Each student will construct dance exercises to music that may be assigned by the instructors, or chosen by the student. Discussion of musical dance forms, music history and music theory will be oriented to practical applications in the studio.

National Intermediate – DNC 104

The study of traditional folk dances from England, France, Scotland and Portugal. The course provides guidance on working in groups and includes a development of skills in style, partnering and patterning. An excellent base for choreography and stage work.

National Advanced I – DNC 204

Continues the work begun in DNC 104. Further exploration of European folk dances from Ireland, the Czech Republic, Slovakia, Croatia, Russia, Moldavia, Ukraine, Italy, and Macedonia, with focus on theory, demonstration, and working with partners.

National Advanced II – DNC 304

Continues the work begun in DNC 204. Further exploration of European folk dances from Poland, Hungary, Bulgaria and Spain, and Greece, with focus on theory, demonstration, and working with partners. Provides preparation for an externally assessed examination with the Imperial Society of Teachers of Dancing.

National Associate – DNC 205

Covers dances suitable for children 7- 17 years of age. Focuses on the dances in the Primary to Intermediate levels as a basis for teaching. Provides preparation for the Associate teaching qualifications of the Imperial Society of Teachers of Dancing National Dance Branch.

NBS Curriculum I – PED 101

Introduces the NBS curriculum and approach to teaching in the Associate Program. Focuses on the Primary Ballet to Certificate 6 vocabulary, and includes practicum sessions.

NBS Curriculum II – PED 201

Continues the work begun in PED 101. Focuses on the beginning of the seven year curriculum of the NBS Full Time Ballet & Academic Program, emphasizing the Level I curriculum.

NBS Curriculum III – PED 301

Continues the work covered in PED 201. Focuses on the NBS curriculum for Levels II – IV, and encourages a process of critical thinking about how the mechanics of dance translate into defined goals.

NBS Curriculum IV – PED 401

Offers an advanced study of the NBS curriculum. This course is offered to students in the 2nd year of the Professional Dancer Program, and requires a high level of technical proficiency and understanding.

Pedagogy I Cecchetti – PED 102

Studies the syllabus of the Cecchetti Society. Focuses on developing a technical and stylistic understanding of the material covered in Grades 1-6.

Pedagogy III Cecchetti – PED 302

Continues the work begun in PED 102. Focuses on the principles of teaching, using the pianist and music in teaching, analysis of vocabulary, class content and structure, and demonstration techniques. Students work towards the Associate level teaching qualification.

Pedagogy I RAD – PED 103

A practical course focusing upon the syllabus of the Royal Academy of Dance Pre Primary in Dance through to Grade 5, and a workshop covering the new Intermediate Foundation for boys and girls. The RAD examination syllabus has been devised to be a systematic logical progression of balletic movements and dance steps.

Pedagogy III RAD – PED 303

This is a third year course which covers in depth the principles of teaching, using the pianist and music in teaching, analysis of vocabulary, class content and structure, demonstration techniques, the teaching of character and free movement, application of anatomical knowledge in teaching, arrangement of enchaînements, approach to teaching boys, teaching pointe work, and teaching exam techniques.

RAD Advanced A – DNC 103 & DNC 203

DNC 103 is a one-term course based on the syllabus of the Royal Academy of Dance Advanced Foundation Level, which culminates in an externally assessed examination with the RAD. Artistry and technical application are an integral part of the course and students are expected to have a thorough knowledge of both the girls and boys syllabus. A successful result allows continuation to the Advanced 1 level.

DNC 203 is 2nd/3rd year course based on the syllabus of the Royal Academy of Dance Advanced 1 Level taking place during the second term of the school-year. For those who have progressed sufficiently, this culminates in an optional, externally assessed examination with the RAD. Artistry and technical application is an integral part of these courses and students are expected to have a thorough knowledge of the girls' syllabus by year end. A successful result allows continuation to the Advanced 2 level.

RAD Advanced B – DNC 303

A course based on the syllabus of the Royal Academy of Dance Advanced 2 Level. Participation in the externally assessed examination is not a requirement and is dependent on the ability and aptitude of the student. A successful examination allows the student to apply for Associate status with the RAD. Artistry and technical application is an integral part of the course.

Repertoire Studies – TCH 304

Provides an in depth look at composition and basic choreography and the teaching of pointe work. Also offers an introduction to Pas de Deux, and classical repertoire.

Studio to Stage – TCH 204

Offers a grounding in theatrical design and production, preparation for the job search process and an overview of topics and resources needed in business management. *(Not offered in 2019-2020)*

Teaching Methodology in Action I – TCH 101

Offers the opportunity to observe and assist in NBS student dance classes. Students monitor class and student progression, and learn teaching skills from experienced NBS Staff. A portfolio is submitted, which documents material observed in both AP and PBP. Includes credits: to assist and observe Associates Program, Professional Ballet Program.

Teaching Methodology in Action II – TCH 201

Continues the work begun in TCH 101. Offers the opportunity to assist in NBS student dance classes. Students monitor class and student progression, and learn teaching skills from experienced NBS Staff. A portfolio is submitted, which documents material observed in both AP and PBP. Includes assisting credits: Associates Program, Professional Ballet Program.

Teaching Methodology in Action III – TCH 301

Continues the work begun in TCH 101 & 201 Offers the opportunity to assist in NBS student dance classes with increased responsibility. Students are given the opportunity to teach classes and receive feedback from NBS Staff with teaching assessments. A portfolio is submitted, which documents material observed in both AP and PBP. Includes the following assisting credits: Associates Program, Professional Ballet Program.

Teaching Methodology in Action IV for Professional Dancers – TCH 401

Teacher Training Program students are given the opportunity to observe, and as experience develops, to assist in various levels of both the Professional Ballet Program and the Associates Program. By observing and participating in the children's development over the course of the school year, assistants will gain valuable insights into all aspects of dance teaching.

Teaching Methodology in Action V for Professional Dancers – TCH 501

Continues the work begun in TCH 401. Offers the opportunity to assist in NBS students' ballet classes with increased responsibility. Students are given the opportunity to teach classes and receive feedback from NBS Staff with teaching assessments.

Voice – TCH 105

In this course, you will work to produce a pleasant and well-modulated voice. As a teacher, you will need to communicate clearly and expressively with your students. Just as your body requires training to dance, your mouth, diaphragm and vocal chords also require regular exercise in order to develop technique and artistry.