



# Assemblée Internationale 2023

An Initiative of Canada's National Ballet School

## Tool for Active Listening and Learning

Each of the eight Assemblée Internationale 2023 (AI23) Learning Sessions are opportunities to learn, be challenged and grow. Each session will include featured speakers and panels, personal stories, profiles, and more. **Engage fully, listen actively, note your learning and thoughts, and consider where to go from here.** The following questions and prompts can guide you with each speaker.

### **During:**

- Who's speaking?
- What new or interesting points/ideas are being named?
- What surprises me about this session? Why?
- What ideas/comments capture my attention?
- What ideas/comments challenge my thinking/understanding?

### **After:**

- What's the most important thing I learned?
- What has been a new area of learning for me?
- What made me curious? What new questions emerged for me from this session?
- What do I want to learn more about? Why?
- What feelings has this session prompted for me?
- What thoughts are connected to the feelings this session prompted for me?
- What actions (if any) has this session prompted for me (e.g., something I plan to do OR not do as a result of this session)?

***“Education is the most powerful weapon which you can use to change the world.” – Nelson Mandela***