



# NBS Kids Adaptive Dance Program



## Volunteer at NBS!

### Role: Dance Class Assistant

Canada's National Ballet School (NBS) is looking for volunteers with a diversity of experience and a mix of skill sets such as; Special Education, Dance Education, Occupational Therapy and Physiotherapy.

NBS' Adaptive Dance for Kids is a program that offers adapted creative movement classes for children ages 6-9 with diverse intellectual and developmental needs. These 45-minute sensory-friendly dance classes provide opportunities for children to explore creativity and expression through the use of movement and music.

Volunteers will have the opportunity to volunteer in the following classes:

#### Creative movement – 1:

**Pre-Primary/Primary (ages 4+) | Sundays 9:45am-10:30am**

**Primary/Junior (ages 8+) | Sundays 11:00am-11:45am**

Offers one-on-one support throughout the duration of class and moves at a slower pace. These classes are led by an NBS Community Dance Specialist and supported by a live accompanist, Holland Bloorview Occupational Therapist and a team of volunteers.

#### Creative movement – 2:

**Primary (ages 4+) | Sundays 12:15pm-1:00pm**

**Junior (ages 9+) | Sundays 1:30pm-2:15pm**

A fast-paced class and a good fit for children who are both ready and working towards participating independently in programming. These classes are led by an NBS Community Dance Specialist supported by a live accompanist, Holland Bloorview Occupational Therapist and a team of volunteers.

#### Volunteer requirements:

- 18 years of age or older
- Volunteer application form, resume and references
- A police check
- A commitment of 1.5 hours for 8 weeks
- Previous experience working with children in Special Education, Dance Education or Occupational Therapy is considered an asset

#### Time Commitment:

Volunteers will be required to commit to a 12-week session. The classes will run Sunday mornings between 9:30am and 12:30pm.

To submit an intake form and to find more information visit:

<https://www.nbs-enb.ca/dance-for-life/kids-adaptive-dance-program/>

If you have any further questions or inquiries, please feel free to email [nlehan@nbs-enb.ca](mailto:nlehan@nbs-enb.ca)

Thank you to the generosity of our partners and donors for supporting this program

Lozinski Centre  
for Community  
Dance at NBS,  
Founding Donors &  
Honorary Chairs



Generous Supporter



Special Thanks to Supporters of the pilot program:

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The Harry E. Foster Charitable Foundation

Pilot Program developed in consultation with:

**Holland Bloorview**  
Kids Rehabilitation Hospital

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